



# 200 Hour Yoga Teacher Training

## Hatha & Vinyasa + Reiki Level 1

Please register by emailing form to [Tina@HapaYoga.com](mailto:Tina@HapaYoga.com) or drop off at Hapa Yoga Studios.

Name (First Last) \_\_\_\_\_

Email \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_

Program Dates: **January 21, 2026 – May 31, 2026**

Program and Payment Options:

**Non Refundable Deposit:** \$500 due with registration (due with Registration Form)

**Full Investment:** \$2,600 (Includes \$500 deposit)

**Payment Plan and Discounts Available:**

**EARLY BIRD SPECIAL\*:** Save \$200. Must be paid in full by Dec 15, 2025.

**Military Discount\*:** Save \$100 on Full Investment options above; Military personnel and spouses only. **REIMBURSEMENT THROUGH MYCAA MAY BE ELIGIBLE!**

**Referral Discount\*:** Refer a friend! Upon enrollment, you both save \$100 on either Full Investment.

**Payment Plan:** Once \$500 deposit is received, the remaining tuition balance (based on which program option selected) is divided into 4 installments, must be paid by end of Training.

**CASH OR CHECK PREFERRED.**

\*Only one discount may be applied towards registration. Automatic payment plans available by request once \$500 deposit is paid.

**Cancellation and Refund Policy:** Your \$500 deposit is non-refundable. In the event that you decide to cancel your participation after to the start date: see schedule for partial refunds.

Amounts paid but not used after Jan 21, 2026 may be applied to future trainings and/or Hapa Yoga Membership, programs and retail.

Cancel by 2 Weeks after Start: Surrender \$500 Deposit + \$300 Teacher, Admin & Binder Fee

Cancel by 4 Weeks after Start: Surrender \$500 Deposit + \$600 Teacher, Admin & Binder Fee

**NO REFUNDS PROVIDED FOR ANY REASONS.** If for any reason, Hapa Yoga is unable to provide in person learning, the Teacher Training will continue Virtually via Zoom and/or Outdoor or upon new location. PLEASE SIGN TO CONSENT TO CANCELLATION TERMS: \_\_\_\_\_

**Which payment option?**

\_\_\_\_\_ **Pay in Full**

\_\_\_\_\_ **Payment Plan**

How long have you been practicing yoga?

\_\_\_\_\_

I, \_\_\_\_\_ understand that Yoga Teacher Training has physical, mental, and emotional requirements. I understand that I must meet the requirement of Yoga Alliance to get my certification. I understand that the experience and information I absorb or retain is my responsibility. I will be required to do reading, preparation, homework, watch videos, and external assignments. I will remain focused and not disrupt the class. During teacher training, I may experience emotional, spiritual, physical and/or mental events or releases, which may be uncomfortable. I hold Hapa Yoga and it's affiliates, employees, contractors, etc. harmless and release all liability. **Signed:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Office use only:**

Staff: \_\_\_\_\_ Deposit Payment Date: \_\_\_\_\_ Program Option: \_\_\_\_\_

Hapa Yoga Mission Valley | 4242 Camino Del Rio N #10, San Diego, CA, 92108 | (619) 309-6732

[www.hapayoga.com](http://www.hapayoga.com) | [info@hapayoga.com](mailto:info@hapayoga.com)